Patient Exam Preparation Instructions:

Ultrasound Pelvis



We look forward to seeing you for your appointment. Preparation for your test includes:

- On the day of your test, you may take medications as prescribed by your doctor.
- Arrive at least 15 minutes prior to your test.
- Empty your bladder 90 minutes BEFORE your appointment time then start drinking 24 ounces (3 cups) of water.
 - Children 8-12 years old should drink 16 ounces (2 cups).
 - Children under 7 years old should drink 8 ounces (1 cup).
- Finish drinking the water by 60 minutes BEFORE your appointment time.
- Do not void until the ultrasound technologist tells you to.

Bring relevant studies and reports to your appointment

University Radiology is able to obtain electronic images and reports for you if the previous studies were performed at our imaging centers or at one of our affiliated hospitals located across New Jersey. Please visit our website for a full listing: **UniversityRadiology.com**

Bring your prescription, insurance card, and photo ID

They are required for this procedure.

Glucose Monitoring Devices

Devices such as the 'FreeStyle Libre' must be removed before any MRI, CT scan, PET/CT scan, Mammogram, DEXA, or X-ray. The exposure may damage the device and cause incorrect readings.

Payment

You will be expected to pay your estimated co-payment, co-insurance and/or deductible at the time of your appointment. Call your insurance provider if you have questions about your plan or coverage.

Questions?Call **800-758-5545**